

FUTURE SERVICES

www.astwellparishes.org.uk

AUGUST 2024

Wednesday 7th August

10am Helmdon Midweek Holy Communion

Sunday 11th August – Eleventh Sunday after Trinity

9am Wappenham Breakfast Church

9.30am Lois Weedon 'Battle of Britain'

Matins

10am Radstone Holy Communion & Patronal Festival of St Lawrence

11.15am Syresham Praise & Prayer

Sunday 18th August – Twelfth Sunday after Trinity

9.30am Whitfield Morning Prayer

9.30am Lois Weedon Holy Communion

10am Helmdon Praise & Prayer

11.15am Syresham Holy Communion

11.15am Wappenham Patronal Praise & Prayer for the Festival of St Mary the Virgin

Sunday 25th August – Thirteenth Sunday after Trinity

9.30am Lois Weedon Morning Prayer

10am Helmdon Holy Communion

11.15am Syresham Morning Prayer

11.15am Wappenham Holy Communion

6pm Plumpton Compline

SEPTEMBER 2024

Sunday 1st September – Fourteenth Sunday after Trinity

9.30am Whitfield Holy Communion

10am Helmdon Morning Prayer

11.15am Syresham Holy Communion

11.15am Wappenham Morning Prayer

'TIME TO PRAY'

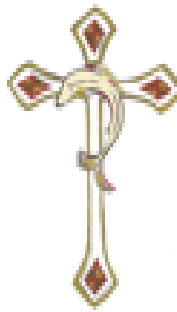
Every Thursday:

10 to 10.30am at Syresham Church

and

12 to 12.30pm at Helmdon Reading Room

All Welcome!



PEWS NEWS

The Astwell Benefice

St Mary Magdalene Helmdon with Stuchbury & St Lawrence Radstone, St James the Great Syresham with St John the Evangelist Whitfield, St Mary & St Peter Lois Weedon with Weston & Plumpton, and St Mary the Virgin Wappenham.

www.astwellparishes.org.uk

<https://www.facebook.com/astwellbenefice>

Sunday 4th August 2024

Tenth Sunday after Trinity

Services in the Benefice:

9.30am Whitfield Holy Communion

10am Helmdon Morning Prayer

11.15am Syresham Holy Communion

11.15am Wappenham Morning Prayer



Collects and Readings for Tenth Sunday after Trinity

Collect:

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Psalm: 78. 23-29

Old Testament Reading: Exodus 16:2-4, 9-15

² The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³ The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

⁴ Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

⁹ Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining."' ¹⁰ And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. ¹¹ The Lord spoke to Moses and said, ¹² 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

¹³ In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴ When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵ When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.'

New Testament Reading: Ephesians 4:1-16

¹ I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ² with all humility and gentleness, with patience, bearing with one another in love, ³ making every effort to maintain the unity of the Spirit in the bond of peace. ⁴ There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵ one Lord, one faith, one baptism, ⁶ one God and Father of all, who is above all and through all and in all. ⁷ But each of us was given grace according to the

measure of Christ's gift. ⁸ Therefore it is said, 'When he ascended on high he made captivity itself a captive;

he gave gifts to his people.'

⁹ (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? ¹⁰ He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹ The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹² to equip the saints for the work of ministry, for building up the body of Christ, ¹³ until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴ We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵ But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Gospel Reading: John 6:24-35

²⁴ So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵ When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' ²⁶ Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷ Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' ²⁸ Then they said to him, 'What must we do to perform the works of God?' ²⁹ Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' ³⁰ So they said to him, 'What sign are you going to give us then, so that we may see it and believe you?'

What work are you performing? ³¹ Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat.'" ³² Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³ For the bread of God is that which comes down from heaven and gives life to the world.' ³⁴ They said to him, 'Sir, give us this bread always.'

³⁵ Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Post Communion Collect:

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

Prayers for Tenth Sunday after Trinity

Let us pray to our Father in heaven for our own needs and for the needs of the world, giving thanks for his promise to hear us and to provide for us.

Heavenly Father, we thank you for your saving grace throughout the history of your people. We pray today for your church in the world and for your guidance for the road ahead. Help us to continue to bear a faithful witness to your loving kindness and mercy shown to all who turn to you.

Lord, in your Mercy: Hear our Prayer

Heavenly Father, we thank you for the example of leadership given by your Son in his life on earth. We pray for the renewal of a spirit of humility and a sense of responsibility among leaders of this world that the hungry might be fed and the oppressed might be freed to live in peace.

Lord, in your Mercy: Hear our Prayer

Heavenly Father, we thank you for your love and compassion for all who suffer in body, mind and spirit. We pray that your healing presence will calm their fears, ease their pain and bring light into the darkness of all in distress.

Lord, in your Mercy: Hear our Prayer

Heavenly Father, we thank you for the gift of your Son to be a saviour who walks with us on our life's journey. We pray for all who travel with us in our family, among our friends and within this community. We pray for a deepening awareness of our need for one another and of your image in the hearts of everyone we meet.

Lord, in your Mercy: Hear our Prayer

Almighty God and Father of us all, we offer you our prayers and ourselves, that we may play our part in your response. Help us to trust in you to work always for the good of all your children.

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen

TO HOLD IN YOUR PRAYERS THIS WEEK:

We bring before our loving heavenly Father those in our villages and others we know who are unwell, recovering from injury or illness and all those who need our prayers for any reason during this difficult time.

Please pray for the family and friends of Jean Spendlove, whose funeral will be held at 2pm on Monday 5th August at Helmdon Church

From Helmdon: Barbara Buxton, Diane Thorpe, John Thorne & Eileen Watson.

From Lois Weedon & Weston: Joan Jacobs, Lis Cockrell, Caroline Hunt and Margaret Seckington.

From Syresham: George Summers.

From Wappenham: Judy King, Claire Kennett, and Dorothy & David Nicholson.

For those known to us:

Lucy Goodwin, Margaret Reardon, Pauline Collis, Christopher Carr, Evelyn Johnson, Ollie Dotterill, Sam & Jackie Cowlshaw, Francis Potsoni, Chloë Fletcher, Mary Coates, Emily Barthelamy, May Oliver, Lily & Theo Wright, Christobel Grant and Diane Snow.

Please pray for those bereaved, and the family & friends of:

Jean Spendlove, Vic Butler, Philip Gulliver, Jean Parks, Alice Hathaway, Jean Mackaness, Diane Watts, Peter Stubbs, Nicholas Reynell, Linda Smalley, Tony Wilmot, John Maleham, Betty Stubbs, Wendy Procter, Derek Morris, Penny Bonnymeade, David Brookhouse, Jonathan Miller, David Powell, Joyce Beech, Julia O'Brian, James Smillie.

Also, please pray for the work of the Beacon Centre, the Wolverton Mission, the Hope Centre, Katharine House Hospice, Northampton Women's Aid and The Women's Refuge. We also continue to pray for all refugees fleeing persecution, all victims of war and terror, and all those affected by the Covid-19 virus.

BENEFICE CONTACTS

Reverend Hugh White (Rector):

Tel: 01869 347889

Email: rectorastwell@gmail.com

Please contact the Rector or your

Churchwarden/Representative if you have queries about baptisms, weddings or funerals.

Paul Stothard, Reader & Lay Chair

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Alice Palmer: Benefice Treasurer

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Judith Elkington: Benefice Safeguarding Officer

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Sheena Warren, Chair of Social & Fundraising Committee

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Wiggy Smith: Chair of Pastoral Care Committee

wiggysmith44@gmail.com/01295 760953

Sarah Rudkin: Benefice Secretary & Pews News Editor

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**Churchwardens /Representatives
(for individual church matters):**

Helmdon: Bill Elkington (bill.h.elkington@gmail.com)

& Cliff Netten (apnetten@hotmail.com)

Lois Weedon & Weston: Frank Hunter

(frank.hunter@btinternet.com)

Radstone: Penny Bonner

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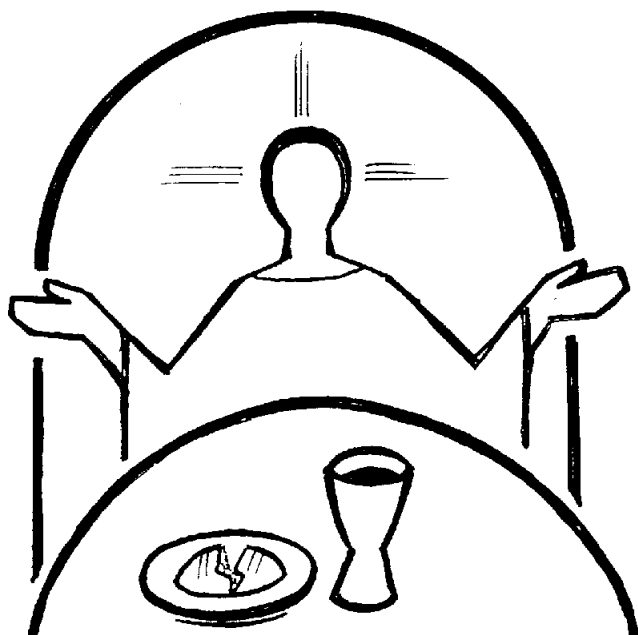
Syresham: Alice Palmer

(alice.palmer16@btinternet.com)

Wappenham: Edwin King (astwell01@aol.com) &

Sheena Warren (sheena.warren@hotmail.co.uk)

Whitfield: Claire Bonner (cbonner00@gmail.com)



DATES FOR YOUR DIARY

AUGUST

Sat 10th Curry Night – 7pm, Whitfield Village Hal
Fri 16th Cheese and Wine Evening in Clyde Burbidge's garden at Home Close, Lois Weedon, at 6.00pm

SEPTEMBER

Fri 20th Helmdon Horse Race Evening – details to Follow

Regular events held in the Benefice:

- **Helmdon Coffee Morning** is held each Tuesday, 10 am-12 noon in the Reading Room
- **Syresham Coffee Morning** is held each Thursday, 10 am-12 noon in the Village Hall.
- **Whitfield Coffee Morning** is held on the first Tuesday of the month ,10am-12 noon in the Village Hall.
- **St Mary's, Wappenham Coffee Morning**, is held on the first Wednesday of the month, 10 am-12 noon, in the Village Hall.
- **St Mary & St Peter, Lois Weedon Coffee Mornings** –will be held from 10am until 12 noon on the first Friday of each month, in Lois Weedon Village Hall

